

2019 Convention Program

Friday:

10:00 am	Registration Opens
10:00 am – 5:00 pm	Trade Show with Vendor Presentations
10:00 am – 5:00 pm	Used Tack Sale
10:00 am – 5:00 pm	Raffle

MEETINGS (Garden Foyer):

11:00 am	(Garden A)	Ride Manager Committee
	(Garden B)	Education Committee
12:30 pm – 1:45 pm	(Garden C)	PNER BoD Meeting
4:30 pm	(Lounge)	Trails Meeting

SPEAKERS (Mt Adams Room):

10:00 am – 10:45 am Heather Havens/ Concentrates, Inc
Soil Management - understanding local soils, and how we might manage our soils, to grow more suitable forages for our horses.

2:00pm – 3:00 pm Lindsay McIntosh-Tolle/REI
Essentials of GPS Technology

Join REI Outdoor School Instructor Lindsay McIntosh-Tolle for an introduction to GPS navigation technology. We'll cover the fundamentals of how GPS works, become familiar with key terminology, and discuss the pros of cons of both dedicated GPS units and various smart phone applications.

ROUND TABLE DISCUSSIONS (Mt Adams):

3:15 pm – 4:15 pm Care and Feeding of an Endurance Horse
*Panel: Sylvia Ouellette DVM/Oak Hurst Equine, Shane Smith DVM/Idaho Equine

4:30 pm – 5:45 pm Stepping it Up: From first trail ride to fast 100s and everything in between!!
*Panel: Becky Fiedler, Kristin Grace, Bonnie Girod

6:00 pm Cash Bar
Mt Adams Foyer – “Fireside Chat” with Donna Snyder-Smith

7:00 pm Awards in the Mt Adams Room

Saturday:

8:00 am Registration Open
8:00 am – 3:00 pm Trade Show with Vendor Presentations
9:00 am – 3:00 pm Raffle
9:00 am – 3:00 pm Used Tack Sale
*Used tack sale closes at 3:00pm (all tack to be picked up!)

MEETINGS (Garden Room/Mt Adams Room):

8:30 am – 9:30 am (Garden C) PNER Junior Meeting

11:00 am – 12:20 pm (Mt Adams) PNER General Assembly Meeting*

***How to use the blood machine after general meeting in Garden Room**

SPEAKERS (Mt Adams Rooms):

8:00 am – 9:00 am Monica Chapman, AERC
AERC Trails and Land Management

9:00 am – 10:50 am Kathleen Dunham
Wilderness Horse Rescue

12:30 am – 1:20 pm Shane Smith, DVM/Idaho Equine

Equine Gastric Ulcer Syndrome: What you need to know about diet, training, management, and prevention for the endurance horse.

1:30 am – 2:20 pm Room B Sylvia Ouellette, DVM/Oak Hurst Equine

Unraveling the mysteries of current lameness treatment options and what they mean for my horse - Especially when it comes to the alphabet soup of treatments...PRP, IRAP, ACS, etc. - what they mean, how are they used and how do they get my horse back into the saddle quicker.

2:30 pm – 5:00 pm (With breaks) Donna Snyder-Smith

Endurance - It's All In The Mind Set

The details that make the difference from selecting a horse, to planning a fun campaign; training strategies for moving to the next level and that 1% of effort that gives you the competitive edge.

6:00 pm Cash Bar

7:00 pm Dinner and Awards in the St Helens Room

9:00 pm – 12:00 am Music and Dancing

Sunday:

08:00 am – 10:00 am Board of Director's Meeting

BIOGRAPHIES

Lindsay McIntosh-Tolle

Lindsay McIntosh-Tolle is an REI Outdoor School Instructor with over 6 years of experience teaching people how to use GPS technology to further empower their outdoor activities and stay found while they explore. A Pacific Northwest native, she is an avid backpacker and paddler who loves helping people develop the skills and confidence to pursue their outdoor passions, whatever they may be.

Heather Havens

With a BS in Ag from OSU, Heather is the General Manager and partial owner of Concentrates, Inc, an Agricultural Product Distribution Company, who specializes in Organic or Natural products, for organic or natural agricultural producers, and has been there since Feb 1997. Prior to that, Heather was at Down To Earth in Eugene, and has worked in Natural ag in several other capacities. Through her career path in natural/organic agriculture, Heather has had a deep understanding of our soils, what we do with them - what works, and what doesn't. Heather understands how our soils' biological ecosystem, and plants, and animals, are all very similar in how our bodies function, and interact with each other.

Sylvia Ouellette

Dr. Sylvia Ouellette graduated from the University of California at Davis in 1991 with a Bachelors of Science in Zoology and a Doctorate of Veterinary Medicine in 1995. She began practicing in Southern California at the Racetrack circuit upon graduation. In 2001, Dr. Ouellette left the racetrack to pursue her own practice, specializing in lameness in the sport horse. After practicing for 10 years and an extensive application and examination process, in 2005 Dr. Ouellette became board certified as an equine specialist with the American Board of Veterinary Practitioners (ABVP). From 2001 through 2016, Dr. Ouellette was also the Radiation Safety Officer and Supervisory User for the Southern California Equine Foundation Nuclear Imaging Facility. Dr. Ouellette is also a Clinical Associate Professor at Western University of Health Sciences, School of Veterinary Medicine.

Shane Smith

Dr. Shane Smith grew up on his family's cattle ranch near Jordan Valley, Oregon. He received his Doctorate in Veterinary Medicine from Washington State University in 2013. He joined Idaho Equine Hospital in 2013. Dr. Smith has worked with many different disciplines of clients and horses, including several of the endurance riders in the Treasure Valley, and enjoys applying his knowledge to better help these horses perform at their top levels. Growing up in the Owyhee mountains of southern Idaho, he understands the challenges that these horses face when competing and tries to apply all aspects of veterinary medicine to help the endurance community provide the best care for their animals, whether that be conditioning issues to gastric ulcers to metabolic issues.

*Panel: Tani Bates, Kristin Grace, Bonnie Girod

Monica Chapman, AERC
AERC Trails and Land Management

Kathleen Dunham
Wilderness Horse Rescue

Donna Snyder-Smith

Sport coach, Donna Snyder-Smith has taught equestrians for 45 years. Her specialty, **biomechanics**, focuses on the skills and knowledge needed for the human and equine body to work in a fluid, harmonious partnership. “Reduce a rider’s body tension and you reduce damaging physical strain and increase comfort. It also means the rider’s **body language** (the signals or aids delivered to the horse through the pressure applied by a rider’s seat, legs and hands) can be more clearly felt and understood by the horse. Improve a rider’s biomechanics and you improve their horse’s performance as well.” Donna works with all levels of riders, from amateurs to professionals, helping each one erase inhibiting body tension and counter productive muscular use patterns through a combination of systems including “Centered Riding” and classical dressage.

An all-around competitor, Donna earned her Tevis buckle in (1966) in her *first* endurance ride. In her second ride, the 50 mile Castle Rock Ride (CA) she took home the Best Condition award riding a quarter horse. She has successfully trained, conditioned and competed a number of horses in endurance, including 4 mustangs. She has also earned a “qualified rider” certificate from the California Dressage Society, been a member of the State of California Jumping team (Silver medal in 1966), and won numerous championships in Eventing in California (Ram Tap, Concord Mt. Diablo & Pebble Beach). She has authored 3 books including *The Complete Guide to Endurance Riding & Competition*, and been awarded the American Riding Instructors Association “Lifetime Achievement Award,” (1991).

Donna's clients have won the Tevis (in 2000). Top tenned Tevis (5 or more X). Won the USET World Endurance Championships (Holland & Kansas) and ridden and placed in the top ten on multiple US international teams. In the year 2000, at least one of her clients placed in their regional year end awards in FIVE AERC regions. Donna works with all levels of competitors, from novice thru international.

In addition to coaching and competing, Donna has served in endurance as:

- Vet secretary (Tevis X 5 years, 100 Mile Cosequin Challenge (East coast) +

- Crew member (more times than I can recall at rides from coast to coast)

- Ride Manager (Los Vaqueros Ride, Knightson, CA.) for 2 years.

- Columnist for AERC “Endurance News” (“It's The Little Things”)

- Editor of Trail Blazer Magazine (2 yrs.)

- Member at Large of the AERC Board (1997-98)

- Speaker at multiple AERC year end regional conventions in addition to the AERC National Convention a number of different years.